



Jope Consulting Services

Presents via Zoom

Basic Motivational Interviewing

an interactive live webinar experience

with Bob Jope, LMHC

member of the Motivational Interviewing Network of Trainers (MINT)

Motivational interviewing (MI) is a client-centered, evidence-based, goal-oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence with the individual. This active, skill-building workshop provides participants with knowledge of the spirit, micro skills, and strategies of the model, and provides opportunities to practice the approach. Participants will complete the workshop with a good understanding of MI, and are encouraged to take the Intermediate and Advanced MI workshops to develop proficiency in this method.

Overall Goal: Participants will be introduced to the spirit, skills, and strategies of Motivational Interviewing.

Target Audience: Helping professionals at all levels of education including, but not limited to, mental health counselors, social workers, substance use counselors, recovery coaches, and rehabilitation counselors

Learning Level: Introductory

Learning Objectives: Following this presentation, participants will be able to:

- * Describe several core concepts of Motivational Interviewing.
- * Demonstrate the various micro skills of Motivational Interviewing.
- * Evaluate the use of Motivational Interviewing skills in conversation and provide constructive feedback.

Module	Description and Format of Module	Time of Module
Objective 1	Lecture and discussion: Core concepts and spirit of MI	9:00 am – 10:30 am
Break		10:30 am – 10:45 am
Objective 2	Lecture and discussion: Spirit of MI	10:45 am – 12:15 pm
Lunch		12:15pm – 1:15 pm
Objective 2	Lecture, discussion, and demonstration: Skills of MI	1:15pm – 2:45 pm
Break		2:45 pm – 3:00 pm
Objective 3	Coached practice: Spirit and Skills of MI	3:00 pm – 4:30 pm

Offered from 9am to 4:30pm EST on: 02/17/23

Please log in using your full name 5 minutes prior to the start time to enable a prompt start to the training.

Jope Consulting Services exists to enhance the compassion and efficacy of service delivery in the helping professions by identifying and promulgating evidence-based practices which are collaborative, trauma-informed, and supportive of personal autonomy.

Continuing Education: THIS COURSE IS ELIGIBLE FOR 6 CONTINUING EDUCATION CREDITS

*Jope Consulting Services has been approved by NBCC as an approved Continuing Education Provider, ACEP No. 7050. Programs that do not qualify for NBCC credit are clearly identified. Jope Consulting Services is solely responsible for all aspects of the programs. *Participants completing this training will receive 6 NBCC credit hours.*

*Jope Consulting Services, #1791, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 12/09/2022 –12/09/2025. Social workers completing this course receive 6 general continuing education credits.

*This course has been approved by Jope Consulting Services, as a NAADAC approved education provider, for 6 CEs. NAADAC Provider number 207446. Jope Consulting Services is responsible for all aspects of its programming. *This course addresses the Counselor Skill Group of Counseling Services.*

*This training is approved for 6 contact hours by MBSACC.

*This training is approved for 6 contact hours by the Massachusetts Board of Certification of Community Health Workers.

***Certificates:** To obtain a certificate of completion and CE credit, if applicable, **attendees must attend the session in its entirety** and complete a course evaluation. **No partial credit will be given.** Evaluations will be emailed to participants after the training. Certificates will be issued via email within 14 days of completion of course requirements.

System requirements: Computer or smart device with a stable internet connection; connected or integrated microphone, speakers, and camera; and ability to interface with Zoom version 5.x.

Special Accommodations: If you need more information or a special accommodation to participate fully in this event, contact Linda Jope at linda@jopeconsultingservices.com or 508-287-8279 a minimum of 2 weeks prior to the event.

PRESENTER INFORMATION: Bob Jope, LMHC

Bob has been a member of the Motivational Interviewing Network of Trainers since 2010. He teaches Motivational Interviewing (MI) as an adjunct faculty member at Salve Regina University, Rhode Island College, and University of Massachusetts; he is also a consultant with the Addiction Technology Transfer Center at Brown University and works as an MI coder for a nationally-recognized coding lab. Bob is the lead trainer for Jope Consulting Services, has taught MI at agencies all over New England, and consults internationally on teaching and coding the method.

Holding a Master's degree in Clinical Psychology, Bob has worked in the mental health, child welfare, and substance abuse fields for the past twenty-five years. He was originally trained in MI by Stephen Andrew in 2007, and has since trained with Ali Hall, Alan Lyme, Bill Miller, and Terri Moyers. Bob has also developed and taught program-specific MI training applications, and has trained thousands of people in various levels of Motivational Interviewing.

