

Resource Directory

NC YOUTH & FAMILY



Voices Amplified

This directory is provided to you by NC Youth & Family Voices Amplified, a program funded by NCDHHS (North Carolina Department of Health and Human Services) (North Carolina Department of Health and Human Services) and housed at UNCG in the Center for Youth, Family, and Community Partnerships.

Please note that resources provided in this directory are as accurate as information is provided to the NCVA (North Carolina Youth and Voices Amplified) (North Carolina Youth and Voices Amplified) program. This resource guide will be updated quarterly, and the updated version can be located on our website at www.ncvoicesamplified.org

If you need to update information within this directory or would like to add a resource, please contact Chandrika Brown at (336) 334-3514 or cjbrown11@uncg.edu

Community Resources

American Indian Mothers Inc. American Indian Mothers Inc. (AIMI)

Website: <https://americanindianmothers.org>

Contact: Beverly Collins-Hall, Executive Director

Email: beverlycollinshall@gmail.com

Phone: (910) 843-9911 **Fax:** (910) 843-9921)

Coverage Area: **17 Counties**

Trainings Available: **Yes**

Services Provided: Other- continuing education, job training and placement; health education, nutrition and fitness and services referral, HIV referral and case management services, and counseling programs for alcoholism and substance use through traditional principles and practices of the First Peoples

Attach Families

Website: www.attachfamilies.org

Contact: Katherine Noto, President

Email: Katie.rose@attachfamilies.org

Phone: (252) 285-6550

Coverage Area: Statewide

Trainings Available: Yes

BAGS

Being A Grandparent Support

Grandparent Support Group: Provide information, resources, education, connections and more to live your best life.

Website: www.BAGSgoodlife.org

Contact: Genita Spencer, Chair

Email: BAGSgoodlife@gmail.com

Phone: (919) 807-1206

Blessed from Above Massage, LLC

Release the Tension, Free the Mind

Website: www.blessedfromabovemassage.org

Contact: Pamela Young

Phone: (984) 344-4169

Address: 408 E Interstate Service Rd, Graham, NC 27253

Services: “Sole” Therapy, Therapeutic Massage, and more

Communities in Schools North Carolina

As part of the national Communities In Schools (CIS) network, Communities In Schools of North Carolina extends its resources and services to 18 independently operated affiliates across the state. This network approach ensures we can harness the power of community resources at national and state levels while connecting children, families, and schools to public and private sector resources in the local community. True to our mission, we surround students with a community of support, empowering them to stay in school and achieve in life.

Website: <https://cisnc.org/www.cisnc.org>

To find a location near you please click the link below:

<https://cisnc.org/contact-us/>

Services Provided: providing homework help, behavioral intervention, counseling services and emotional support, or by meeting basic human needs such as food, clothing, and healthcare.

CORRA

A faith-motivated nonprofit that serves adolescent girls in high-risk situations through long-term, holistic equine therapy and education program.

Website: www.CORRALriding.org

Contact: Jessica Ortiz-Phillips, Program Admin & JTH Operations

Email: jessica@corralriding.org

Phone: (910) 241-4157

Address: 3620 Kildaire Farm Road, Cary, NC 27518

Diaper Bank of North Carolina

Distributing Dignity Across North Carolina

Website: www.ncdiaperbank.org

Email: info@ncdiaperbank.org

Phone: 919-886-8085

Address: 437 Dimmocks Mill Rd. Suite #1 Hillsborough, NC 27278

Services: Providing basic essentials products to help families thrive at all stages of life.

EI CENTRO HISPANO

A Latino Organization in North Carolina

Website: www.elcentronc.org

Contact: Carrboro – (919) 945-0132

Durham – (919) 687-4635

Raleigh – (984) 260-8582

Coverage Area: Durham, Orange, and Wake County

Focus Areas: Education, Economic Development, Civic & Community Participation, and Health & Wellbeing

Spanish Speaking Services: Yes

First in Families of North Carolina

Website: www.fifnc.org

Email: info@fifnc.org

Phone: (919) 251-8368

Coverage Area: Statewide

Trainings: No

Spanish Speaking Services: Yes

Services: Complement formal supports, help when other supports is not available, and serve as a bridge to the community. Can support any family which one family member has a developmental disability.

Free Mom Hugs-North Carolina

Website: www.freemomshugs.org

Email: freemomhugsnc@gmail.com

Coverage Area: Statewide Chapters

Services: Advocacy and Support for the LGBTQIA+ kids/youth

Referral Needed: NO

Mental Health America-ParentVoice

Website: www.mhaofcc.org

Contact: Candice Wilson

Phone: (704) 365-3454 x 219

Email: cwilson@mhaofcc.org

Coverage Area: Mecklenburg & Cabarrus Counties

Spanish Speaking Services Available: Yes

Referral Needed: No

Mental Health Transformation Alliance:

Website: <https://mentalhealthtransformationalli.godaddysites.com>

Contact: Stacy Morgan, Executive Director

Phone: 276-274-7068Phone: 276-274-7068

Email: sjustiss.mhta@outlook.com

Coverage Area: Statewide

Services Provided: Advocacy, Disabilities Specific Information, Family Partners, Trainings

Referral Needed: No

North Carolina Families United (NCFU)

Website: www.ncfamiliesunited.org

Contact: Cori Harper, Executive Director

Phone: (980) 224-3365

Email: charper@ncfamiliesunited.org

Coverage Area: Statewide

Services: Advocacy, Trainings, Family Partners, Youth Programs (RENEW)

Referral Needed: No

Note in the Pocket

Website: www.noteinthepocket.org

Phone: 919-714-9403

Email: info@noteinthepocket.org

Coverage Area: Wake & Durham Counties

Services: Addressing Clothing Insecurity (Provide children and families with clothing)

Referral: No

Roots and Wings

Website: www.rootsnwingsofpc.org

Email: rootsandwings@esinc.net

Phone: (336) 322-5437

Coverage Area: Alamance, Caswell, and Person County

Trainings: No

Services: Advocacy, Parenting classes, Teen Court, Interpersonal Skills, and Reading Buddies

Safe Families for Children

Support families and their children during a crisis, keep families together by support and stabilizing them with caring support.

Website: www.raleigh.safe-families.org

Email: raleighNC@safefamilies.net

Phone: (919) 346-7051

THE BRIDGE INTERNATIONAL

Bridging The Gaps Against Human Trafficking

Website: www.thebridgeinternational.net

Email: info@thebridgeinternational.net

Phone: (704) 966-9233

Contact: kathy@thebridgeinternational.net

The Center

Dorothy Mae Hall Women's Center

Website: www.DMHWC.ORG

Email: info@DMHWC.ORG

Physical Address: 15 W. 3rd Street, Wendell, NC 27591

Mailing Address: PO BOX 1896 Wendell, NC 27591

Services: Adult Programs, (secure housing, employment counseling, life skills trainings, ESL classes, and more), Children Programs, (tutoring, Teen Girls Empowerment Group, Career counseling, supplemental counseling, and more)

The Parenting Path

Website: www.parentingpath.org

Email: frontdesk@parentpath.org

Phone: (336) 748-9028

Coverage Area: Northwest North Carolina

Services: Clinical Services, Parenting Classes, Respite Care Program, Supervised Visitation and Monitored Exchange, Supervised Visitation for Domestic Violence, Welcome Baby

LEGAL AID of NORTH CAROLINA

Website: www.legalaidnc.org

Phone: 1-866-219-5262

REP (Right to Education Project)

Rights to Education Project

REP works to keep NC public school students out of the school-to-prison pipeline by enforcing their legal rights.

Contact: Hetali Lodaya

Email: hetalil@legalaidnc.org

Services: Provide legal advice and representation to students, parents, and community groups, providing community education and training, and collaborating with youth justice stakeholders

Early Childhood

Smart Start / Partnership for Children

What is Smart Start?

Smart Start was created in 1993 as an innovative solution to a problem: Children were coming to school unprepared to learn.

Policymakers recognized that progress would require tapping into the same innovative spirit that inspired private sector advances, and therefore, established Smart Start as a public/private partnership. Independent, private organizations work in all 100 North Carolina counties through The North Carolina Partnership for Children and [75 Local Partnerships](#).

The power of Smart Start is that it delivers outcomes by giving communities local control to determine the best approach to achieving them.

Click the link below to find your local Partnership for Children

www.smartstart.org/smart-start-in-your-community/

Children Developmental Services Agency (CDSA)

The North Carolina Early Intervention Section (NCEI) is a part of the N.C (North Carolina). Division of Child and Family Well-Being. It is the lead agency for the N.C. Infant-Toddler Program (ITP). The Infant-Toddler Program provides supports and services for families and their children, birth to three who have special needs. Research shows that this time period is critical. It offers a window of opportunity to make a positive difference in how a child develops and learns. Sixteen Children's Developmental Services Agencies (CDSAs) across North Carolina work with local service providers to help families help their children succeed.

To find your local CDSA (Children s Developmental Services Agency) office please click the link below:

<https://beearly.nc.gov/index.php/contact/cdsa>

Local Management Entity/Managed Care Organizations (LME/MCO)

Alliance Behavioral Health

Website: www.alliancehealthplan.org

Member Services: 1-800-510-9132

Behavioral Health Crisis Line: 1-877-223-4617

Service Area: Cumberland, Durham, Johnston, Mecklenburg, Orange & Wake County

Services Provided: Trainings, serve families in the service area who are insured by Medicaid or uninsured. Their network of providers offers treatment and support for mental illness, substance use disorder, and intellectual/developmental disabilities.

Eastpointe Behavioral Health

Website: www.eastpointe.net

Member Services: 1-800-913-6109

Behavioral Health Crisis Line: 1-866-218-1328 (Go Live 3/2/2023)

Service Area: Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Warren, Wayne, and Wilson

Services Provided: Trainings, coordinates healthcare for families in eastern North Carolina who struggle with mental illness, substance abuse and intellectual developmental disabilities. Dedicated to helping families with Medicaid or uninsured.

Crisis Walk-in Centers

Duplin County

New Dimension Group

416 West Ridge Street

Rose Hill, NC 28458

Phone: 910-289-2610

Hours: Monday-Friday (8:30am-4pm)

Edgecombe County

Monarch

809 Tiffany Boulevard

Rocky Mount, NC 27804

Phone: 252-442-0333

Hours: Monday-Friday (8am-3pm)

Lenoir County

PORT Health Services

2901 N. Herritage Street Suite B

Kinston, NC 28501

Phone: 252-233-2383

Hours: Monday-Friday (8am-5pm)

Robeson County

Monarch

2003 Godwin Avenue Suite C

Lumberton NC 28358

Phone: 910-674-4814

Hours: Monday-Friday (8am-3pm)

RHA Behavioral Health

2003 Godwin Avenue Suite A

Lumberton NC 28358

Phone: 910-739-8849

Hours: Monday, Wednesday, Friday (8:30am-11am)

Sampson County

Easter Seals UCP North Carolina & Virginia, Inc.

100 Loop Street

Clinton, NC 28328

Hours: Monday- Friday (9am-5pm) no lunch

Access to Care phone number: 910-596-2221

After Hours Crisis phone number: 866-241-7245

Scotland County

Monarch

103 McAlpine Lane Suite B

Laurinburg, NC 28352

Phone: 910-277-2663

Hours: Monday-Friday (8am-3 pm)

Warren County

Freedom House Recovery Center, Inc.

133 South Main Street

Warrenton, NC 27589

Phone: 252-879-0091

Hours: Monday-Friday (8:30am-3pm)

Wayne County

Waynesboro Family Clinic

1706 Wayne Memorial Drive

Goldsboro, NC 27534

Phone: 919-734-6676

Hours: Monday-Friday (8am-5pm)

Wilson/Greene County

Monarch

2693 Forest Hills Road Suite D

Wilson, NC 27893

Phone: 252-234-7800

Hours: Monday-Friday (8am-3pm)

Partners Health Management

Website: www.partnersbhm.org

Member Services: 1-877-864-1454

Email: questions@partnersbhm.org

Behavioral Health Crisis Line: 1-888-235-HOPE (4673)

Service Area: Burke, Cabarrus, Catawba, Cleveland, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin

Services Provided: Help the families they serve get the mental health, intellectual/developmental disabilities, substance use disorder services and supports they need.

Spanish Speaking Services: Yes

Sandhills Center

Website: www.sandhillscenter.org

Member Services: 1-800-256-2452

Behavioral Health Crisis Line: 1-833-600-2054

Service Area: Anson, Davidson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond, and Rockingham

Service Provided: Sandhills Center manages public mental health, intellectual/developmental disabilities and substance use disorder services for the citizens of Anson, Davidson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond, and Rockingham counties.

Trainings: Yes

Spanish Speaking Services: Yes

Trillium Health Resources:

Website: www.trilliumhealthresources.org

Member Services: 1-877-685-2415

Behavioral Health Crisis Line:

Email: Info@TrilliumNC.org

Service Area: Beaufort, Bladen, Brunswick, Bertie, Camden, Carteret, Craven, Columbus, Chowan, Currituck, Dare, Jones, Gates, Halifax, Hyde, Hertford, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington,

Services: manages serious mental health, substance use, and intellectual/developmental disability services in eastern North Carolina.

Counties Trillium Covers				Mobile Crisis Team
Beaufort	Columbus	Hyde	Pamlico	Integrated Family Services, PLLC 1-866-437-1821
Bladen	Chowan	Hertford	Pasquotank	
Brunswick	Currituck	Martin	Pender	
Bertie	Dare	Nash	Perquimans	
Camden	Jones	New Hanover	Pitt	
Carteret	Gates	Northampton	Tyrrell	
Craven	Halifax	Onslow	Washington	
Bladen	Craven	New Hanover	Pamlico	
Brunswick	Jones	Onslow	Pender	
Carteret				

Vaya Health

Website: www.vayahealth.org

Member Services: 1-800-962-9003

Behavioral Health Crisis Hotline: 1-800-849-6127

Email: member.services@vayahealth.com

Service Area: Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rowan, Stokes, Swain, Transylvania, Vance, Watauga, Wilkes, and Yancey

Services: manages services for people with behavioral health (mental health and substance use), I/DD, and TBI (Traumatic Brain Injury) in 31 counties across North Carolina. Beginning April 1, 2023, Vaya Health will also manage physical health and pharmacy services for Medicaid.

Standard Plans

Healthy Blue

Healthy Blue NC		
Website: www.healthybluenc.com		
Service Line	Phone Number	Availability
Behavioral Health Crisis Line	1-844-594-5076 (TTY 711)	24/7
Nurse Line	1-844-545-1427 (TTY 711)	24/7
Member Services	1-844-594-5070 (TTY 711)	Monday - Saturday 7:00 AM to 6:00 PM EST
Provider Services	1-844-594-5072	
Pharmacy Services	1-844-594-5084	24/7
Non-Emergency Medical Transportation	1-855-397-3602	
Care Management Referrals	1-844-594-5070 (TTY 711) bhreferrals@healthybluenc.com	

Department Of Health and Human Services

LINKS Program

The LINKS program is the **North Carolina Foster Care Independence Program for youth and young adults who have experience in foster care**. Youth and young adults who have experienced extended time in foster care are at increased risk of negative consequences once

they leave care. This includes dropping out of school, unplanned parenthood, high rates of untreated illness, homelessness, criminal activity, depression, and suicide.

To improve outcomes, the Independent Living Services for Foster Children (NC LINKS) provides services and resources to:

- Youth and young adults currently or formerly in foster care ages 13-17
- Young adults who are between the ages of 18-21 and are participating in Foster Care 18 to 21
- Young adults who aged out of foster care at age 18 and are not participating in Foster Care 18 to 21

Click the link below to get the contact information to your local Department of Social Services:

<https://www.ncdhhs.gov/divisions/social-services/local-dss-directory>

Vocational Rehabilitation

The Division of Vocational Rehabilitation Services (DVRS) helps people with disabilities achieve their goals for employment and independence. If you have a disability that prevents you from achieving career success or independence in the community of your choice, DVRS can connect you to services and resources to help you meet your goals.

To Find your local office please click the link below:

<https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/vocational-rehabilitation-local-offices>

Food and Nutrition – (Food Stamps)

Food and Nutrition Services is a federal food assistance program that provides low-income families the food they need for a nutritionally adequate diet. Benefits are issued via [Electronic Benefit Transfer cards \(EBT cards\)](#). There are three ways to apply for Food and Nutrition Services (Food Stamps):

1. Apply online with [ePASS](#).
2. Apply in person at your county [Department of Social Services \(DSS\)](#) office. It helps to fill out as much of the application as possible ahead of time.
3. Fill out a [paper application Open PDF](#) and mail to or drop it off at your county [DSS office](#).

For more information please click the link below:

<https://www.ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps>

NC Works

To find your local center click the link below:

<https://www.ncworks.gov/vosnet/ContactUs.aspx?tab=2>

Your career center can help you find work, improve your skills and connect you to other resources to help you prepare for interviews and make a good impression on employers. The following services are offered to job-seekers, at no charge:

- Career assessment and guidance
- Access to training and education programs
- Learn about job fairs and workshops
- Information on the job market
- Assistance with searching for jobs
- Résumé and cover letter preparation
- Practice interviewing for jobs
- Free computer and Internet access
- Help registering with and using NCWorks Online

Career centers also offer special programs to help the following populations find jobs:

- Veterans
- Young Adults
- Migrant farm workers
- Former offenders

Center for Youth, Family and Community Partnership (CYFCP) - UNCG

Program Name: NC Healthy Transitions

Services Provided: Specialty services for Transition age youth and young adults (16-25 years old) in Buncombe and Henderson Counties with Mental Health Challenges to support the healthy transition to adulthood. Outreach, awareness, and system change development across NC around access to behavioral health services for transition age youth and young adults.

Contact Information: For Services in Buncombe or Henderson Counties contact Family Preservation Services at healthytransitions@pathways.com

For information on Statewide initiatives contact Willow Burgess-Johnson at fwburgessjo@uncg.edu

Website: Please find our website at nchealthytransitions.org

Program Name: Bringing Out the Best

We provide short-term, FREE, family-centered support to children ages birth-5 with social/emotional behavioral challenges in Guilford County.

Services includes: classroom consultation, home consultation, parent education groups and teacher trainings

To make a referral or request services please call Janet Howard @ (336) 334-3120, or email jdhoward@uncg.edu

There is also an online referral option accessible through our website: <https://bringingoutthebest.uncg.edu/>

Program Name: NC Youth and Family Voices Amplified

www.ncvoicesamplified.org

NC Youth and Family Voices Amplified is a statewide program to support Youth and Family Peer Support by addressing the mental health of children, youth, and young adults in North Carolina. Our program is housed at the UNCG Center for Youth, Family, and Community Partnerships and supported by a contract with the NC DHHS Division of Child and Family Well-Being.

- Provide trainings for Family Partner National Certification and Youth Leadership Certificates
- Training and certification for Family Partners and Youth Peer Support Providers across North Carolina
- Technical assistance to Youth and Family Peer Support Providers, as well as the agencies that employ them.
- Collaboration activities to advance the System of Care framework across child- and family-serving systems in North Carolina.
- In-person and on-line outreach to youth and families to promote mental health and access to services and support
- Recruitment of prospective new Family Partners and Youth Peer Support Providers
- Advocacy for youth and families to be at the table when decisions are made about systems and services that impact their lives.

Provider Agencies

Amethyst Consulting & Treatment Solutions, PLLC

<http://www.amethystcares.com/>

Andrew Counseling & Consulting, PLLC

<https://www.andrewscounselpllc.com/>

Byrd's Place

www.BYRDSPLACELLC.COM

Carolina Outreach

<https://www.carolinaoutreach.com/>

Family Solutions

<https://www.famsolutions.org/>

Guilford County Behavioral Health Centers

<https://www.guilfordcountync.gov/services/guilford-county-behavioral-health-centers>

MindPath Health

<https://www.mindpath.com/location/durham/forest-creek/>

Lutrino Blalock, MA, LPA

Email: Blalockpsych@aol.com

Address: 1100 Logger Ct. Ste. F100, Raleigh, NC 27609

Phone: (919) 604-0918

Services: Psychological Testing, Educational Testing, Consultation

Pinnacle Family Services

<https://pinnaclefamilyservices.com/>

Pride in North Carolina, LLC

<https://www.pridenc.com/>

Oasis Counseling Center, LLC

<https://www.occalamance.com/>

RHA Health Services

<https://rhahealthservices.org/>

Solutions Family Therapy & Counseling

<https://www.solutionsfamilytherapync.com/>

The Alamance Academy

<http://www.thealamance.academy/>

The Lee Way Therapy & Consulting, PLLC

Address: 1003 Dresser Court, Raleigh, NC 27609

Phone: (919) 995-6849

Email: theleewaytandc@gmail.com

Universal MH/DD/SAS

<https://umhs.net/>

Upward Change Health Services, LLC

<http://upwardchangeservice.com/about-us/>

Youth Villages

<https://youthvillages.org/about-us/locations/north-carolina/>

Start Your Recovery SU Provider Directory

<https://startyourrecovery.org/treatment/rehab-centers/north-carolina/greensboro>

Youth Haven Services

<https://youthvillages.org/about-us/locations/north-carolina/>

Randolph County Specific Resources

Please click the links below to access Randolph County specific resources

[Randolph Co SOC Collaborative Resource Project 2023](#)

[Resource Guide Weblink](#)