

THE DIFFERENT TYPES OF

PEER SUPPORT

North Carolina Voices Amplified offers free technical assistance, training, and advocacy opportunities to individuals with lived experience and agencies that employ them in roles such as Youth and Family Peer Supports.





YOUTH PEER SUPPORT

YOUTH WITH EMOTIONAL AND BEHAVIORAL CHALLENGES RECEIVE SUPPORT FROM YOUNG ADULTS WITH SIMILAR LIVED EXPERIENCES



FAMILY PEER SUPPORT

CAREGIVERS OF LOVED ONES WITH EMOTIONAL AND BEHAVIORAL
CHALLENGES RECEIVE SUPPORT FROM CAREGIVERS WITH LIVED EXPERTISE
GAINED FROM NAVIGATING SIMILAR SITUATIONS



ADULT PEER SUPPORT

ADULTS MANAGING MENTAL HEALTH CHALLENGES OR SUBSTANCE MISUSE RECEIVE SUPPORT FROM INDIVIDUALS WITH LIVED EXPERIENCES WITH THE SAME CHALLENGES

HOW TO GET

INVOLVED

Join our email listserv to stay up to date on upcoming trainings and opportunities by scanning the QR code.

Feel free to email Communication & Outreach Coordinator, Kara Lynch at kdlynch@uncg.edu with any questions, request technical assistance or to learn more about lived experience.

